

CSU Youth Dance Conservatory - Parent Information



Our mission is to train outstanding classical dancers.

- The CSU Youth Dance Conservatory is the region's foremost center for classical ballet training. YDC offers a carefully structured dance curriculum offering students the best possible education to excel in the world of classical ballet.
- Formal ballet training is introduced through our Levels Program at around the age of 7 or 8. Pre-Level classes are offered to dancers between the ages of 3 and 6. In our Pre-Level classes, dancers explore movement using eight elements: Centering, Gravity, Balance, Posture, Gesture, Rhythm, Breathing and Moving in Space. These elements are proven to be the foundation not only in dance but in the development in children physically and emotionally as they grow and are ready for formal and more structured instruction. Pre-Level classes include Creative Movement (age 3-4), Pre-Ballet (age 5), and Pre-Level 1 (age 6).
- Our Levels Program emphasizes a structured approach to ballet training, with increasing rigor as dancers advance in the levels. YDC currently offers Levels 1-6 in ballet technique training. Placements in the Levels Program is done by the Artistic Director for all students 8 and older. Advanced level dancers should expect to spend a minimum of 7-8 hours per week in dance classes and rehearsals.
- Summer classes are highly recommended. YDC offers Maymester classes as well as 3-week June and July dance class sessions. Summer classes are a great way for dancers to retain the skills they have gained during the year and continue to grow in their strength, flexibility, coordination, alignment, balance, and confidence.
- YDC also offers summer camps and intensives for both our Pre-Level age groups and our Levels Program dancers. Levels Program summer intensives include various techniques including ballet, pointe, variations, conditioning, jazz, modern and lyrical. Master Teachers are often invited to share their artistry and knowledge with our dancers.

**WHERE TO
PURCHASE DANCEWEAR LOCALLY:**

Grit and Grace Studio to Streetwear
(678) 552-9798
7 Greenville Street
Newnan, GA 30263

Centre Stage in Fayetteville
(770) 460-9815
347 Glynn St N
Fayetteville, Georgia 30214

Target and Walmart both sell black leotards
and pink tights.

**WHERE TO
PURCHASE DANCEWEAR ONLINE:**

[New York Dancewear Company](#)
[Kellé Company](#)
[Dancers Warehouse](#)
[The DanceWEAR Shoppe](#)
[Dance Fashions Superstore](#)
[Back Bay Dancewear](#)
[Dancewear Solutions](#)
[All About Dance](#)
[Discount Dance Supply](#)
[Capezio](#)