

YDC DRESS CODE

Class Leotard by Level

- **Creative Movement:** Bloch “Girls Essential Short Sleeve Leotard” | Style No: CL5602 | Color: Light Pink
- **Pre-Ballet:** Bloch “Girls Essential Short Sleeve Leotard” | Style No: CL5602 | Color: Pastel Blue
- **Preparatory:** Wear Moi “Abbie Pinch Front Camisole Leotard” | Style No: WM212C | Color: Mint
- **Elementary:** Wear Moi “Abbie Pinch Front Camisole Leotard” | Style No: WM212C | Color: Lilac
- **Intermediate A:** Wear Moi “Abbie Pinch Front Camisole Leotard” | Style No: WM212C | Color: Burgundy
- **Intermediate B:** Wear Moi “Abbie Pinch Front Camisole Leotard” | Style No: WM212C or WM212 | Color: Navy
- **Advanced:** Wear Moi “Abbie Pinch Front Camisole Leotard” | Style No: WM212 | Color: Black

Pre-Pointe/Pointe Classes

Bullet pointe skirt optional for pre-pointe & pointe classes | Style No: BP13201 or BP13201K on Discount Dance

- **Intermediate A:** Cranberry Bullet Pointe skirt
- **Intermediate B:** Navy Bullet Pointe Skirt
- **Advanced:** Black Bullet Pointe Skirt

Other Dress Code Expectations for Ballet Classes

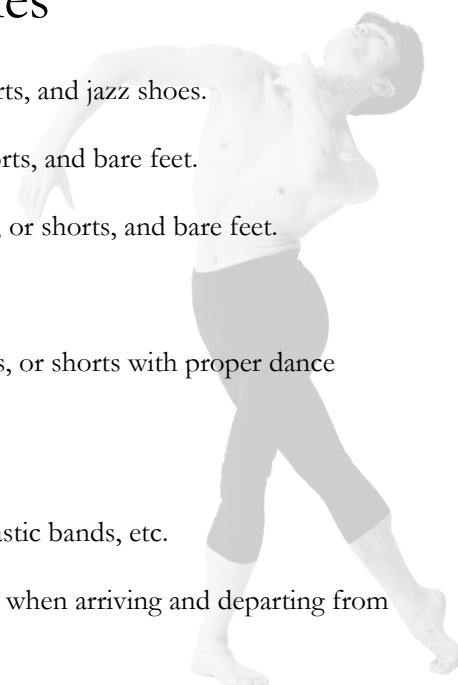
- **Hair Style:** Should be pulled back into a neat bun.
- **Jewelry:** For the safety of you and other dancers, no jewelry may be worn, with the exception of stud earrings.
- **Ballet Slippers:** Should be pink for ladies and black for gentlemen.
- **Pointe Shoes:**
 - Must be worn with tights over the feet unless the dancer is rehearsing for a role in which tights will not be worn.
 - Ribbons must be neatly tied on the inside of the ankle bone.
- **Arrival & Departure:** Dancers **MUST** wear cover-ups over dance attire when arriving and departing from dance classes or rehearsals.
- **Warm-ups:** Are **NOT** permitted to be worn in class unless the instructor makes an exception.

Saturdays

Intermediate A, Intermediate B, and Advanced Levels ONLY: Any color, or style, leotard may be worn to Saturday classes and rehearsals. Bullet pointe skirts may also be worn for Saturday classes and rehearsals as well. However, no warm ups are permitted in class or rehearsals.

Dress Code Expectations for Other Dance Styles

- **Jazz:** Designated class leotard, pink/black footed tights, black jazz pants, leggings, or shorts, and jazz shoes.
- **Modern:** Designated class leotard, pink/black convertible/footless tights, leggings, or shorts, and bare feet.
- **Contemporary:** Designated class leotard, pink/black convertible/footless tights, leggings, or shorts, and bare feet.
- **Adult Ballet:** Comfortable attire with proper undergarments and ballet shoes.
- **Gentlemen:** White, or black, fitted short sleeve t-shirt or leotard, black tights/dance pants, or shorts with proper dance undergarments.
- **Hair:** Ballet bun pulled away from face is required for all classes of other dance styles.
- **Jewelry:** Small stud earrings are acceptable. No watches, necklaces, bracelets, big rings, elastic bands, etc.
- **When arriving and leaving the studios:** Dancers must wear cover-ups over dance attire when arriving and departing from dance classes.



How To Make a Ballet Bun









Photo retrieved from Bloch UK, 2021

- With one hand gather hair into a “bunch” at the back of the head.
- With one hand, lightly spray hair around the head with water.
- Brush hair into a ponytail and secure with covered elastic (use elastic that is close to the color of the dancer’s hair for best result).
- The ponytail should not be lower than the midpoint of the back of the head.
- Ensure the ponytail is centered between the ears, then brush and smooth hair towards the ponytail.
- Twist the ponytail and begin to spiral around the elastic pinning each circle made.
- Coil hair into a bun a bit at a time, insert hairpins at every inch and repeat this step until all hair is spiraled and ensure it is as flat against the head as possible.
- The bun should NOT resemble a doorknob. Think flat cinnamon bun.
- IMPORTANT: Please wrap a hair net around the bun.
- Spray hairspray evenly around the head and use a comb to smooth over wisps starting from the forehead and working towards the bun itself. Use a few extra pins to secure the bun if needed.

What to Have in a Ballet Bag

- Hand sanitizer
- Small towel
- Hairbrush Bobby pins (closed and open)
- Hair spray
- Elastic bands (color of hair preferable)
- Deodorant
- Extra class leotard and tights
- Tights/pants/shorts for other dance styles
- Ballet flats (Canvas or leather)
- Pointe shoes, toe pads, toe tape, Band-aids, sewing kit, if applicable.
- Intermediate A/B & Advanced: Designated bullet pointe skirt
- Reusable water bottle
- Theraband

ATTIRE BY LEVEL

CREATIVE MOVEMENT	PRE-BALLET	PREPARATORY	ELEMENTARY
<p>Bloch “Girls Essential Short Sleeve Leotard”</p> <p>Style No: CL5602</p> <p>Color: Light Pink</p>	<p>Bloch “Girls Essential Short Sleeve Leotard”</p> <p>Style No: CL5602</p> <p>Color: Pastel Blue</p>	<p>Wear Moi “Girls Abbie Pinch Front Camisole Leotard”</p> <p>Style No: WM212C</p> <p>Color: Mint</p>	<p>Wear Moi “Girls Abbie Pinch Front Camisole Leotard”</p> <p>Style No: WM212C</p> <p>Color: Lilac</p>
 <p data-bbox="87 1024 318 1083">LIGHT PINK</p>	 <p data-bbox="493 1024 724 1083">PASTEL BLUE</p>	 <p data-bbox="894 1024 1125 1083">MINT</p>	 <p data-bbox="1304 1024 1534 1083">LILAC</p>
INTERMEDIATE A	INTERMEDIATE B		ADVANCED
<p>Wear Moi “Girls Abbie Pinch Front Camisole Leotard”</p> <p>Style No: WM212C</p> <p>Color: Burgundy</p>	<p>Wear Moi “Abbie Pinch Front Camisole Leotard”</p> <p>Style No: WM212C or WM212</p> <p>Color: Navy Blue</p>		<p>Wear Moi “Abbie Pinch Front Camisole Leotard”</p> <p>Style No: WM212</p> <p>Color: Black</p>
 <p data-bbox="151 1959 394 2016">BURGUNDY</p>	 <p data-bbox="693 1959 937 2016">NAVY BLUE</p>		 <p data-bbox="1230 1959 1474 2016">BLACK</p>

WHERE TO SHOP FOR ATTIRE

PURCHASE PINK TIGHTS & BALLET FLATS LOCALLY AT:

Royal Dancewear

3 E Lafayette Square
Lagrange, GA 30240

(706) 882-2278

Grit & Grace

7 Greenville Street
Newnan, GA 30263

(678) 552-9798

Center Stage Fayetteville

347 Glynn St. N
Fayetteville, GA 30214

(770) 460-9815

PURCHASE PINK TIGHTS & BALLET FLATS ONLINE AT:

- **Discount Dance Supply:** <https://www.discountdance.com> | **Discount Code TP79854** (10% OFF first order; 5% OFF all other orders)
- **NY Dancewear:** <https://www.nydancewear.com>
- **Dancewear Solutions:** <https://www.dancewearsolutions.com>
- **Amazon:** <https://www.amazon.com>

PURCHASE LEOTARDS BY LEVEL ONLINE AT:

- **CREATIVE MOVEMENT:**
 - Bloch “Girls Essential Short Sleeve Leotard” or Bloch “Girls Dujour Microlux Short Sleeve Leotard”
 - Color: Light Pink | Purchase at Discount Dance or Amazon | Price: \$24.50
- **PRE-BALLET:**
 - Bloch “Girls Essential Short Sleeve Leotard” or Bloch “Girls Dujour Microlux Short Sleeve Leotard”
 - Color: Pastel Blue | Purchase at Discount Dance or Amazon | Price: \$24.50
- **PREPARATORY:**
 - Wear Moi Girls “Abbie Pinch Front Camisole Leotard” | Color: Mint | Purchase online at Wear Moi Dancewear or Discount Dance Supply | Price: \$36.44
- **ELEMENTARY:**
 - Wear Moi “Abbie Pinch Front Camisole Leotard” | Color: Lilac | Purchase online at Wear Moi Dancewear or Discount Dance Supply | Price: \$36.44
- **INTERMEDIATE A:**
 - Wear Moi “Abbie Pinch Front Camisole Leotard” | Color: Burgundy | Purchase online at Wear Moi Dancewear or Discount Dance Supply | Price: \$36.44 - \$37.94
- **INTERMEDIATE B:**
 - “Abbie Pinch Front Camisole Leotard” | Color: Navy | Purchase online at Wear Moi Dancewear or Discount Dance Supply | Price: \$36.44 - \$37.94
- **ADVANCED:**
 - “Abbie Pinch Front Camisole Leotard” | Color: Black | Purchase online at Wear Moi Dancewear or Discount Dance Supply | Price: \$36.44 - \$37.94
- **ADULT BALLET:**
 - Adults are encouraged to wear any color or style leotard, tights, and a skirt. Alternatively, you may also wear comfortable clothing that is easy to move in (e.g., leggings and a t-shirt).